



PHENIX CITY RUSSELL COUNTY LIBRARY NEWSLETTER

1501 17TH AVENUE - 334-297-1139 - WWW.PHENIXCITYLIBRARY.COM - DIRECTOR: MICHELE KILDAY

Diabetes Education Empowerment Program FREE Classes

Join us for diabetes self-management training designed to:

- Educate** on how to best control blood sugar, blood pressure, and cholesterol levels;
- Empower** you to establish relationships with your primary care provider;
- Encourage** better nutrition and regular exercise;
- Encourage** lifestyle changes that lead to the reduction in the number of diabetes complications (heart disease, blindness, nerve damage, etc.) and limb amputations; and
- Express** the importance of developing support networks of family, friends, and existing community-based social services.

These classes will be offered at the library on the following dates from 6-8 on January 21 & 28; February 4, 11, 18 & 25. All dates are Tuesday nights. Call Library to register.

Offered by the RC Extension Agency



The Library says a fond goodbye to long time employee Terri Childs who is retiring. Terri has been a familiar face at the Circulation Desk for the past 15 years. She will be miss by staff and patrons! Good Luck and enjoy your retirement! A reception will be held in January.



Join us every Tuesday at 5 pm.
January 7-Paradise Hills TV-14
January 14-Gemini Man PG 13
January 21-Countdown PG 13
January 28-Harriet PG 13

Popcorn and water provided.
Drawing for door prize at end of every movie.



Martin Luther King Jr. Day
I have a dream.



The Library will be closed on
January 20, 2020



Tuesday-January 14 @ Noon

Backyard Orchards

Learn how to select the perfect trees for your yard.

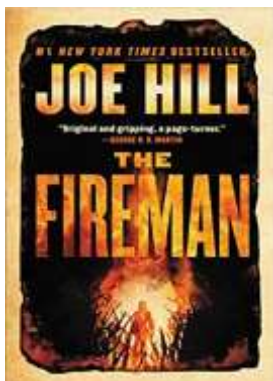


A light lunch will be served.
Register at the front desk.

WREATH MAKING WORSHOP!
Thanks to the RC Extension Agency for all their help and the supplies! and Ms. Esther for the bows!



We will meet on
TUESDAY
January 28
at 6:30
@
280 IHOP
Book for the
Month:



The correct number of candy in the contest was 156. Ashley won with a guess of 155. Enjoy the candy!

FAMILY STORY TIME
EVERY SATURDAY AT 11 AM

Join Ms. Kayla as she shares stories, songs and crafts with the children.



Toddler Storytime
EVERY FRIDAY AT 11 AM
with Ms. Candise

AARP FOUNDATION Tax-Aide

AARP will be back doing **Free** taxes. Call the Library after Jan. 14th to schedule your appointment-no longer taking walk-ins.



TINKER TIME
Every Thursday
3 PM
School age children

GED meets Wednesdays 4 pm
Teacher: Mr. Bill Vignoe
Register in class.

ASVAB meets on
Wednesdays at 1:00 pm.
Teacher-Ms. Joyce Stokes
No registration required



The FOL Bookstore is open every Tuesday from 10-4.

Hardbacks-\$1
PPB-.50

STORYTIME

PRESCHOOL STORYTIME
EVERY WEDNESDAY AT 10 A.M.



January 1-Happy New Year (Closed)
January 8-The New Year is Here
January 15-National Hat Day
January 22-K is for Kindness
January 29-Backwards Day